

Overview

Programme Code	30905
Programme Title	Sport Psychology
Awarding Institution	Liverpool John Moores University
Programme Type	Masters
Language of Programme	All LJMU programmes are delivered and assessed in English
Programme Leader	Joanne Butt
Link Tutor(s)	

Awards

Award Type	Award Description	Award Learning Outcomes
Target Award	Master of Science - MS	See Learning Outcomes Below
Alternative Exit	Postgraduate Certificate - PC	Engage with advanced levels of theories and practice in relation to the field of sport psychology Identify and apply appropriate research methodologies. Take an informed position in relation to the field of sport psychology Demonstrate personal skills in critical analysis, reflection and contextual awareness in a wide range of modules associated with the field of study.
Alternative Exit	Postgraduate Diploma - PD	Engage with advanced levels of theories and practice in relation to the field of sport psychology Identify and apply appropriate research methodologies. Take an informed position in relation to the field of sport psychology Demonstrate personal skills in critical analysis, reflection and contextual awareness in a wide range of modules associated with the field of study.

Alternate Award Names	
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External Benchmarks

Subject Benchmark Statement	
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Accreditation

Programme Accredited by

PSRB Name	Type of Accreditation	Valid From Date	Valid To Date	Additional Notes
British Psychological Society (BPS)	Accredited against the requirements for the Graduate Basis for Chartered Membership (GBC) of the British Psychological Society (BPS).			

Programme Offering(s)

Mode of Study, Mode of Delivery	Intake Month	Teaching Institution	Programme Length
Part-Time, Face to Face	September	LJMU Taught	2 Years
Full-Time, Face to Face	September	LJMU Taught	1 Years

Aims and Outcomes

Educational Aims of the Programme

The programme is designed to provide students with Stage 1 training in sport psychology (the first step towards becoming a Sport Psychologist) and delivers the core curriculum outlined by the BPS Division of Sport and Exercise Psychology. The programme also provides a strong research methods element that is designed to provide further depth to the core curriculum by grounding this training in specific sport psychology concepts and making explicit, the links between theory and practice. Specific educational aims are to: Prepare students with the means to enhance their own experience of sport psychology. Prepare students for employment in the field of sport psychology. Prepare students for more general employment through the development of transferable skills. Prepare students to undertake post graduate research in the field of sports psychology. Enable students to demonstrate an integrated and critical appreciation of conceptual and methodological issues in sport psychology. Enable students to demonstrate expertise in appropriate research methods in sport psychology. Enable students to demonstrate mastery of appropriate conceptual material in sport psychology.

Learning Outcomes

Code	Description
PLO1	Employ appropriate quantitative and qualitative research methods.
PLO2	Analyse, interpret and synthesise psychological data
PLO3	Plan, design, execute and report on a programme of original, empirical research

Code	Description
PLO4	Advance knowledge and understanding, and develop new skills to a high level.
PLO5	Act autonomously in planning and implementing tasks at a professional level.
PLO6	Demonstrate self-direction and originality in tackling and solving problems and in critical reasoning.
PLO7	Retrieve, organise and synthesise information effectively.
PLO8	Use a variety of advanced psychological tools, including specialist software, laboratory equipment and psychometric instruments.
PLO9	Carry out an extensive piece of independent research, applying skills of choosing and applying appropriate advanced research methodologies and the treatment of resulting data with appropriate analytical methods.
PLO10	Apply skills of literature search, critical review and selection of relevant sources, and systematic synthesis and treatment of key material.
PLO11	Implement and maintain systems for legal, professional and ethical standards in applied psychology
PLO12	Carry out an empirical research project, including research design and ethical approval
PLO13	Advanced oral and written communication skills.
PLO14	Communicate clearly to specialist and nonspecialist audiences
PLO15	Demonstrate an ability to make decisions in complex and unpredictable situations
PLO16	Demonstrate independent self-management of learning, utilising time-management skills and effective planning strategies
PLO17	Collaborate and co-operate when working with others
PLO18	Exercise initiative and personal responsibility
PLO19	Demonstrate the independent learning ability required for continuing professional development.
PLO20	Demonstrate an awareness of professional and ethical practice issues in sport psychology
PLO21	Discuss performance issues and cognitive processes
PLO22	Employ appropriate psychological frameworks, approaches, skills and strategies
PLO23	Evaluate developmental and social processes
PLO24	Evaluate individual differences and well-being
PLO25	Critically analyse complex issues both systematically and creatively
PLO26	Critically appraise and integrate information from a variety of sources

Programme Structure

Programme Structure Description

Alternative exit awards are available to students who have attained 60 credits (Postgraduate Certificate) and for those who have gained 120 credits (Postgraduate Diploma). The programme is offered within a full-time (1 year) or part-time (2 year) framework. Part-time students will complete their research project in the second year. The remaining 4 taught modules are semesterised, with a 1x40 and a 1x20 credit module running in each semester. Part-time students are required to study a 1x40 and 1x20 credit module in year 1 and the remaining 1x40 and 1x20 modules in year 2. The programme content is designed to meet the accrediting body requirements of the BPS.

Programme Structure - 180 credit points	
Level 7 - 180 credit points	
Level 7 Core - 180 credit points	CORE
[MODULE] 7109SPOSCI Research Project Approved 2022.01 - 60 credit points	
[MODULE] 7133SPOSCI Research Methods and Training in Sport Psychology Approved 2022.04 - 20 credit points	
[MODULE] 7134SPOSCI Performance and Development Issues in Sport Psychology Approved 2022.02 - 40 credit points	
[MODULE] 7135SPOSCI Professional Practice in Sport Psychology Approved 2022.02 - 20 credit points	
[MODULE] 7136SPOSCI Frameworks, Approaches and Skills in Sport Psychology Approved 2022.02 - 40 credit points	

Module specifications may be accessed at <https://proformas.ljmu.ac.uk/Default.aspx>

Approved variance from Academic Framework Regulations

Variance
The following variance was approved by the Chair of the Education Committee in March 2018: The inclusion of two 40 credit modules (7134SPOSCI Performance and Development Issues in Sport Psychology and 71363SPOSCI Frameworks, Approaches and Skills in Sport Psychology).

Teaching, Learning and Assessment

Throughout the programme an appropriate mixture of lectures, seminars, online teaching, tutorials and practical workshops encourage critical engagement with a range of theoretical and applied topics. Self-directed reading forms a significant part of the students study time. The programme has a diverse range of assessment modes, including essays, oral presentations, consultancy reports, reflective accounts, research proposal and ethics application and a research paper and viva.

Opportunities for work related learning

There is an opportunity to complete a placement on the Professional Practice module. This requires students to provide theoretically informed accounts and engage in critical discussion about professional practice issues relating to their placement experience.

Entry Requirements

Type	Description
Other international requirements	Overseas students whose first language is not English will require an IELTS score of 6.5 or above
Alternative qualifications considered	Normally a minimum of an upper 2nd class honours degree. Applications are invited from those with and without BPS Graduate Basis for Certified Membership (GBC), but graduates without GBC will not be entitled to the BPS accredited award. For those wishing to become Sport and Exercise Psychologists, graduates require GBC along with MSc. stage 1 to undertake Stage 2 training.

Extra Entry Requirements