

## Overview

<b>Programme Code</b>	35539
<b>Programme Title</b>	Sport Coaching
<b>Awarding Institution</b>	Liverpool John Moores University
<b>Programme Type</b>	Masters
<b>Language of Programme</b>	All LJMU programmes are delivered and assessed in English
<b>Programme Leader</b>	Colum Cronin
<b>Link Tutor(s)</b>	

## Awards

<b>Award Type</b>	<b>Award Description</b>	<b>Award Learning Outcomes</b>
Target Award	Master of Science - MS	See Learning Outcomes Below
Alternative Exit	Postgraduate Certificate - PC	Devising, leading and implementing cutting edge coaching solutions. Analyse the complex concept of coaching as a multi-layered process through which sports performance is improved.
Alternative Exit	Postgraduate Diploma - PD	- Deliver, evaluate and synthesise key knowledge within the coaching process. - Critically self-reflect on knowledge and its impact upon the coaching process.

<b>Alternate Award Names</b>	
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## External Benchmarks

<b>Subject Benchmark Statement</b>	
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## Programme Offering(s)

Mode of Study, Mode of Delivery	Intake Month	Teaching Institution	Programme Length
Part-Time, Face to Face	September	LJMU Taught	2 Years
Full-Time, Face to Face	September	LJMU Taught	1 Years

## Aims and Outcomes

### Educational Aims of the Programme

The MSc in Sport Coaching aims to emphasise a critical and research informed approach to sport coaching which demonstrates both specific knowledge of the coaching process and application of contemporary sport science knowledge to practice. This will be achieved by developing a capacity for integrating elements of the coaching process and extending problem solving skills whilst seeking innovative solutions to coaching problems. The critical use of research evidence to underpin coaching practice will provide opportunities for in-depth study and dissemination of knowledge. This will enable the development of knowledge, skills and capacity to manage the coaching process.

### Learning Outcomes

Code	Description
PLO1	Devise, lead and implement coaching solutions.
PLO2	Make links between their own personal learning and enhanced athlete learning and performance.
PLO3	Compile and evaluate plans for coaching based on sound scientific principles.
PLO4	Develop mechanisms for evaluation of their own coaching performance.
PLO5	Assess areas of coaching strengths and weaknesses and construct personal programmes for development.
PLO6	Identify areas of practice that could benefit from small-scale research: design conduct and evaluate an appropriate study.
PLO7	Employ training principles and apply coaching theory to improve coaching practice.
PLO8	Communicate effectively orally, electronically and in writing.
PLO9	Determine the needs of both self and athletes through a process of analysis and observation learning.
PLO10	Raise the standards of learning and performance in both themselves and their athletes.
PLO11	Organise and manage personal study efficiently and effectively, particularly where distance and part-time study are involved.
PLO12	Analyse complex coaching concepts.
PLO13	Use IT effectively as both a learning and communication tool.

Code	Description
PLO14	Work confidently, both as an individual and as part of a team, both on the course and in the work place.
PLO15	Work independently and use available support and resources strategically and effectively.
PLO16	Deliver and evaluate key knowledge within the coaching process.
PLO17	Self-reflect and recognise its impact upon the coaching process.
PLO18	Consider organisational aspects of the coaching process.
PLO19	Synthesise scientific coaching theory and principles in the generation of contextually relevant ideas and concepts.
PLO20	Critically understand and evaluate coaching as a research informed profession.
PLO21	Analyse relevant theory and make links with personal professional practice.
PLO22	Critically and reflectively analyse their professional practices and implications for performer enhancement.

## Programme Structure

### Programme Structure Description

The target award is MSc Sport Coaching. This programme can be studied either full time or part time (1-2 years). Students are required to achieve 180 credits for Masters (level 7) 120 credits for Postgraduate Diploma and 60 credits for Postgraduate Certificate. Part time students complete four 20 credit modules in the first year (80) and 100 credits in the second year. In year 1 part time students will complete a) 7401SPOSCI and 7402SPOSCI in semester 1 b) 7405SPOSCI and 7403SPOSCI in semester 2 In year 2 part time students will complete a) 7404SPOSCI in Semester 1 b) 7405SPOSCI in Semester 2 c) 7406SPOSCI in Semester 1, 2 and 3.

Programme Structure - 180 credit points	
Level 7 - 180 credit points	
Level 7 Core - 180 credit points	CORE
[MODULE] 7401SPOSCI Coaching as a Social Process Approved 2022.01 - 20 credit points	
[MODULE] 7402SPOSCI Sport Coaching Pedagogy and Practice Approved 2022.01 - 20 credit points	
[MODULE] 7403SPOSCI Coach Education and Development Approved 2022.01 - 20 credit points	
[MODULE] 7404SPOSCI Advanced Training Programme Approved 2022.01 - 20 credit points	
[MODULE] 7405SPOSCI Psychology for Sport Coaching Approved 2022.01 - 20 credit points	
[MODULE] 7406SPOSCI Independent Study Approved 2022.01 - 60 credit points	
[MODULE] 7407SPOSCI Talent Development and Performance Analysis Approved 2022.01 - 20 credit points	
Level 7 Optional - No credit points	OPTIONAL

Module specifications may be accessed at <https://proformas.ljmu.ac.uk/Default.aspx>

## Teaching, Learning and Assessment

A blended approach to learning will be provided. This involves; 1) weekly online asynchronous lectures and tasks, 2) weekly 'live on line' synchronous sessions, 3) practical workshops, and 4) work based learning. Typically, each module consists of 1) online asynchronous work accounts for 11 hours. This might include discussion boards, online groupwork, or tasks related to pre-recorded lectures. 2) This is coupled with 7 hours of synchronous (live on line) seminars that value problem-based learning. 3) 3 further hours will be provided of practical workshops. Additionally, as discussed below students will also complete a minimum of 50 hrs work related learning in the programme, which can be completed on campus, off campus in industry, or remotely. Finally students will complete substantial independent work including assignments.

## Opportunities for work related learning

Work-related learning will be a key aspect of this degree and will be built into most modules. All Module Leaders will have significant experience of working in sport coaching. Moreover, industry experts will provide guest lectures on highly specialised topics. However, the major work-based learning will occur in-line with students' personal and professional circumstances as part of a work placement in 7403SPOSCI Coach Education and Development. Here students will have a chance to develop their skills in a real working context. The placement will consist of 50 hours work related learning and can take place on campus, off campus, or remotely. The placement will be supervised by an academic practitioner and the student will also receive on-site supervision through the placement provider. Any placement will comply with the University Code of Practice for Placement Learning.

## Entry Requirements

Type	Description
Alternative qualifications considered	<p>Candidates are required to demonstrate one of the following: - An honours degree at 2:1 or above from a UK university (or equivalent overseas qualification); or - A professional qualification recognised as carrying honours degree equivalence; or - The holder of a Pre-Masters qualification in a related subject area with a minimum of 65% in English For Pre-Masters; or - Have substantial appropriate experience which can demonstrate knowledge and skills at degree standard (subject to the provisions of the Academic Framework Regulations). Candidates already holding a Postgraduate Certificate, Diploma or other M-Level qualifications deemed by the programme leader to be equivalent to respective parts of the MSc programme, may be permitted to enter with exemptions, subject to the University's regulations on Advanced Standing in Postgraduate Awards and with the approval of RP(E)L. The RP(E)L system will be explained to all students. In addition, all potential candidates are required to demonstrate competence in English language to English GCSE standard or equivalent. Non-UK students will be required to demonstrate command of English at IELTS 6.5 level (minimum score of 5.5 in all categories) or equivalent qualification. Applicants holding the above Pre-Masters qualification, or who have studied and successfully passed a UK-based degree within the previous 24 months are exempt from such requirements. Candidates may be required to be interviewed (online) after formal application.</p>

## Extra Entry Requirements