

Overview

Programme Code	36273
Programme Title	Sport Development and Coaching
Awarding Institution	Liverpool John Moores University
Programme Type	Level 3/4/5 Qualification

Awards

Award Type	Award Description	Award Learning Outcomes
Alternative Exit	Certificate of Higher Education - CHE	Demonstrate an understanding of key concepts that underpin sports coaching and performance. Demonstrate an understanding of key concepts that underpin sports coaching and performance. Describe the basic elements of sport development. Describe the basic elements of sport development. Demonstrate appropriate strategies for problem solving. Demonstrate appropriate strategies for problem solving. Communicate accurately using appropriate pedagogical strategies. Communicate accurately using appropriate pedagogical strategies. Exhibit the qualities required for employment requiring the use of personal decision making and responsibility. Exhibit the qualities required for employment requiring the use of personal decision making and responsibility. Recognise how they develop as individuals through personal development planning and tutorial guidance and support. Recognise how they develop as individuals through personal development planning and tutorial guidance and support. Appreciate how factors such as race, ethnicity, religion, gender, sexuality, disability, class, socioeconomic status, and citizenship, and intersections thereof, impact within society, and how these contribute to experiences in Sport and Exercise Science. Appreciate how factors such as race, ethnicity, religion, gender, sexuality, disability, class, socioeconomic status, and citizenship, and intersections thereof, impact within society, and how these contribute to experiences in Sport and Exercise Science.
Target Award	Foundation Degree Science - FDSC	N/A

Alternate Award Names	
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Partner Name	Partnership Type
Everton Football College	Validated

External Benchmarks

Subject Benchmark Statement	UG-Events, Hospitality, Leisure, Sport and Tourism (2019)
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Programme Offering(s)

Mode of Study, Mode of Delivery	Intake Month	Teaching Institution	Programme Length Programme Length Unit
Full-Time, Face to Face	September	Everton Football College	2 Years

Aims and Outcomes

Educational Aims of the Programme	<p>The programme aims to develop individuals with a understanding of Sport Development & Coaching through theoretical, practical and work related learning experiences and will: Provide learning experiences that facilitate and encourage personal and professional development to enhance student employability or further study. Enhance student capacity to reflect upon their performance to improve their self-awareness, progression and development. Encourage a critical appreciation of the interdisciplinary nature of the subject area of sport coaching with particular reference to theories, principles, applications and methodologies. Facilitate student excellence in the process of becoming active, reflective and independent learners within a supportive environment through student centred learning. Develop an understanding of pedagogical theories and practice that are relevant to sport coaching & development. Develop an understanding of the coaching process and sport development initiatives and apply these to work experience opportunities to enhance learning. Develop students' ability to understand, evaluate and apply scientific principles to the physical and psychological preparation of the participant along the sport pathway. Augment student knowledge and experience of relevant sport development and coaching opportunities. Gain a comprehensive perspective on sports coaching opportunities in contemporary society, reflecting key trends and the relevant national benchmarks. Prepare students for employment within the field of sport coaching and development who are able to innovate, make informed judgements and manage change. Encourage appreciation and reflection on how protected characteristics and demographics (such as ethnicity, gender, religion, sexuality, socioeconomic status), and intersections thereof, contribute to experiences in Sport & Exercise Sciences and what action can be taken to promote a more equitable society.</p>
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Learning Outcomes

Code	Number	Description
PLO1	1	Evaluate and analyse key concepts that underpin sports performance & development.
PLO2	2	Identify and apply appropriate approaches to problem solving in coaching.
PLO3	3	Explain and apply key concepts of sport development within a range of related disciplines (physical activity, health and wellbeing, sport coaching, inclusion).
PLO4	4	Plan and evaluate Sport Development projects using acknowledged and appropriate planning techniques.
PLO5	5	Identify and evaluate vocational skills that enable effective performance in an applied setting.
PLO6	6	Evaluate and apply a range of leadership and personal development strategies.
PLO7	7	Consider the application of coaching principles to a range of theoretical coaching models and frameworks.
PLO8	8	Critically reflect on the role that each individual plays in shaping the landscape of Sport & Exercise Science and understand the contribution that we can make to transforming our own and other people's experience(s).

Course Structure

Programme Structure Description	<p>The course is studied over two years full time. Most modules are semesterised and are worth multiples of 20 credits. Each module credit represents 10 hours of study; therefore a 20 credit module would be equivalent to 200 hours of study. At each level of study 120 credits are required to complete the year. It is an Everton College course based in and around the Everton Family sites supplemented with periods of work-related learning, which are core at all levels. Placements will feature throughout the programme. DBS checks are required for the mandatory placement module which includes students taking part in regulated activity with children or vulnerable adults. The programme requires a mandatory DBS check as part of the application process. Applicants who are offered a place will be automatically invited to complete their DBS application through Everton Football club. To complete a DBS check, the applicant must provide sufficient documents to verify their identity and current address.</p>
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Structure - 240 credit points	
Level 4 Core - 120 credit points	CORE
[MODULE] 4500SPSEFC Sports Coaching Foundations Approved 2022.01 - 20 credit points	
[MODULE] 4501SPSEFC Foundations of Sport Development Approved 2022.01 - 20 credit points	
[MODULE] 4502SPSEFC Research Methods & Study Skills Approved 2022.01 - 20 credit points	
[MODULE] 4503SPSEFC Sport, Health, Well-being and Society Approved 2022.01 - 20 credit points	
[MODULE] 4504SPSEFC Professional Practice and Development in Sport 1 Approved 2022.01 - 20 credit points	
[MODULE] 4505SPSEFC Coaching and Skill Acquisition 1 Approved 2022.01 - 20 credit points	
Level 5 Core - 120 credit points	CORE
[MODULE] 5501SPSEFC Talent ID and Development in Sport Coaching Approved 2022.01 - 20 credit points	
[MODULE] 5502SPSEFC Research Methods Approved 2022.01 - 20 credit points	
[MODULE] 5503SPSEFC Professional Practice and Development in Sport 2 Approved 2022.01 - 20 credit points	
[MODULE] 5504SPSEFC Applied Sport Coaching Approved 2022.01 - 20 credit points	
[MODULE] 5505SPSEFC Sport Development and Social Issues Approved 2022.01 - 20 credit points	
[MODULE] 5506SPSEFC Coaching and Skill Acquisition 2 Approved 2022.01 - 20 credit points	

Teaching, Learning and Assessment

Teaching, Learning and Assessment	<p>Acquisition of outcomes is gained through a range of teaching and learning approaches which will be used dependent on the nature of the subject matter, the student learning experience and the level of study. Students will be taught in differing size groups to support the nature of the activity. Sport coaching practical sessions will cover a range of activities and will support the students in developing their own skills, competencies and abilities within practical activity and coaching. In addition, national governing bodies of sport and relevant agencies/charities will also be involved in the delivery of specific practical areas. This knowledge will be supplemented by more theoretically focused learning to ensure a rounded and comprehensive view of the subjects studied. Work-related learning will be used to bring real life experiences into the curriculum and will allow students a chance to either work with outside agencies or to work with real problems and case studies. Work based learning forms an integral part of the programme and offers students the chance to engage in a placement of their choice and start to create their own connections and networks. Through personal tutor groups, Professional Development Plans and Work Related Learning, students get a chance to work with their own goals and actions and pro-actively move themselves towards their future career. Tutorial support is given on all modules through a variety of processes and personally through the personal tutor system. Formal assessment of knowledge and understanding is through, assessed coursework such as essays and reports and individual and group presentations. Presentations, projects and coaching portfolios are based in the main on individual research. To align with the overall objectives of the programme, assessment will embrace both formative and summative approaches, and be constructively aligned to the learning outcomes. Assessments will be undertaken regularly; will be efficiently administered; and will be student centred. Attention will attempt to focus to the timely delivery of feedback on both formative and summative assessments. Intellectual skills are promoted, practiced and developed through active and experiential learning processes. The programme uses a variety of teaching methods including, case studies, work related learning opportunities, group work, reflection and independent work. All modules in the programme emphasise student centred learning, involving student in task based activities followed by discussion, feedback and a wider application of the concepts. These skills will be built up on and developed as a student progresses through their programme of study. Guest lectures involving delivery of current initiatives and personal reflections of practitioners. All students receive initial generic and module specific guidance and specialist induction on the identification and use of multimedia materials in the LRC and alternative local and non-local sources. Guidance for the production of coursework - essays, oral presentations, research projects and portfolios are provided at a modular level. Criteria for assessment accompany individual assignments indicative and essential sources accompany course outlines. These skills will be built up on and developed as a student progresses through their programme of study. A range of methods will be employed to help students achieve and these will be progressively developed through the programme. Feedback will be given to help student to appraise their own performance and development and personal tutor groups will be used as a peer support mechanism and a place to practice. Oral and written feedback will be given regularly. Deadlines across modules on the programme are monitored carefully to minimise bunching and promote effective time management. Group work is encouraged through task-based activities and discussions. Effective communication is assessed through all areas of learners work. Students are</p>
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Opportunities for work related learning

Opportunities for work related learning
<p>At Everton Football College & LJMU, it is vitally important to enable students to gain as broad a range of employment related skills as possible. To that end, we ensure that work related learning (sometimes known as work placement) is an integral part of the course. WRL not only provides an opportunity to gain first-hand experience, it also provides students with valuable contacts and information regarding possible employment upon graduation. Work related learning is an integral part of the programme. A DBS check is not required for your application, however a DBS will be required for modules where there is a work based learning placement.</p>

Entry Requirements

Type	Description
BTECs	Merit Merit Merit profile

Other international requirements	For undergraduate course please apply through UCAS, applicants will be considered in line with normal entry requirements. International students must possess a minimum IELTS (or equivalent) score of 6.0.
A levels	96 UCAS points
International Baccalaureate	at relevant level
Alternative qualifications considered	GCSE English Language and Maths Grade C or above or equivalent. DBS check is not required for your application, however a DBS will be required for modules where there is a work based learning placement.

Programme Contacts

Programme Leader

Contact Name

Link Tutor

Contact Name
Cath Walker