

Programme Specification Document

Approved, 2022.02

Overview

Programme Code	36644	
Programme Title	International Sport Coaching	
Awarding Institution	Liverpool John Moores University	
Programme Type	Masters	
Language of Programme	anguage of Programme All LJMU programmes are delivered and assessed in English	
Programme Leader	Colum Cronin	
Link Tutor(s)	Colum Cronin	

Partner Name	Partnership Type
Learning Works Limited	Franchised

Awards

Award Type	Award Description	Award Learning Outcomes
Target Award	Master of Science - MS	See Learning Outcomes Below
Alternative Exit	Postgraduate Diploma - PD	- Deliver, evaluate and synthesise continuing professional development within the coaching process Recognise the importance of critical self-reflection and its impact upon the coaching process.
Alternative Exit	Postgraduate Certificate - PC	Devising, leading and implementing cutting edge coaching solutions Analyse the complex concept of coaching as a multi-layered process through which sports performance is improved.

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External Benchmarks

Programme Offering(s)

Mode of Study, Mode of Delivery	Intake Month	Teaching Institution	Programme Length
Part-Time, Face to Face	September	Learning Works Limited	2 Years

Aims and Outcomes

Educational Aims of the Programme

The MSc in International Sport Coaching aims to emphasise a critical and research informed approach to sport coaching which demonstrates both specific knowledge of the coaching process and application of contemporary sport science knowledge to their practice. This will be achieved by developing a capacity for integrating elements of the coaching process and extending their problem solving skills whilst seeking innovative solutions to coaching problems. The critical use of research evidence to underpin coaching practice will provide opportunities for in-depth study and dissemination of knowledge. This will enable the development of knowledge, skills and capacity to manage the coaching process.

Learning Outcomes

Code	Description
PLO1	Devise, leading and implement cutting edge coaching solutions.
PLO2	Make links between their own personal learning and enhanced athlete learning and performance.
PLO3	Compile and evaluate an annual plan for coaching based on sound scientific principles.
PLO4	Develop mechanisms for evaluation of own coaching performance.
PLO5	Assess areas of coaching strengths and weaknesses and construct personal programmes for development.
PLO6	Identify areas of practice that could benefit from small-scale research: design conduct and evaluate an appropriate study.
PLO7	Employ training principles within, and apply coaching theory to improve coaching practice.
PLO8	Communicate effectively orally, electronically and in writing.
PLO9	Determine through a process of analysis and observation learning needs of both self and athletes.
PLO10	Raise the standards of learning and performance in both themselves and their athletes.
PLO11	Organise and manage personal study efficiently and effectively, particularly where distance and part-time study are involved.
PLO12	Analyse complex coaching concepts.
PLO13	Use IT effectively as both a learning and communication tool.

Code	Description
PLO14	Work confidently both as an individual and as part of a team both on the course and in the work place.
PLO15	Work independently and use available support and resources strategically and effectively.
PLO16	Deliver and evaluate continuing professional development within the coaching process.
PLO17	Recognise the importance of self-reflection and its impact upon the coaching process.
PLO18	Consider organisational and managerial aspects of performance management.
PLO19	Synthesise scientific coaching theory and principles in the generation of novel ideas and concepts.
PLO20	Critically understand and evaluate coaching as a research informed profession.
PLO21	Analyse relevant theory and make links with personal professional practice.
PLO22	Critically and reflectively analyse professional practices and implications for performer enhancement.

Programme Structure

Programme Structure Description

The target award is MSc International Sport Coaching. This programme can be studied full time (Programme Specification - 36643),or over a period of two years as a part-time programme (Programme Specification - 36644). Students are required to achieve 180 credits for Masters (Level 7) 120 credits for Postgraduate Diploma and 60 credits for Postgraduate Certificate.

Programme Structure - 180 credit points	
Level 7 - 180 credit points	
Level 7 Core - 180 credit points	CORE
[MODULE] 7501SPOSCI Coaching as a Social Process Approved 2022.01 - 20 credit points	
[MODULE] 7502SPOSCI Sport Coaching Pedagogy and Practice Approved 2022.01 - 20	
credit points	
[MODULE] 7503SPOSCI Coach Education and Development Approved 2022.01 - 20 credit	
points	
[MODULE] 7504SPOSCI Advanced Training Programme Approved 2022.01 - 20 credit points	
[MODULE] 7505SPOSCI Psychology for Sport Coaching Approved 2022.01 - 20 credit points	
[MODULE] 7506SPOSCI Independent Study Approved 2022.01 - 60 credit points	
[MODULE] 7507SPOSCI Talent Development and Performance Analysis Approved 2022.01 -	
20 credit points	

Module specifications may be accessed at https://proformas.limu.ac.uk/Default.aspx

Teaching, Learning and Assessment

In Semester 1 and 2 (September to May) students will attend live online lessons. In addition, students will have weekly online tutorials with their personal tutor, and will have work asynchronous online activities (reading, tasks, and assignments) to do in their own time. There are also two week-long face-to-face sessions planned one each in semester 1 and 2. In Semester three, students will work online with their individual supervisor on their research project. The blended approach undertaken on this programme includes: (1) Online asynchronous material (readings, tasks, lectures, discussion boards); (2) Online synchronous (live) weekly sessions (seminars, workshops, guest lectures); (3) 2 x One week intensive block teaching (in-country); (4) Online tutorial support.

Opportunities for work related learning

Work-related learning will be a key aspect of this degree and will be built into most modules. All Module Leaders will have significant experience of working in sport coaching. Moreover, industry experts will provide guest lectures on highly specialised topics. However, the major work-based learning will occur in-line with students' personal and professional circumstances as part of a work placement in 7503SPOSCI Coach Education and Development. Here students will have a chance to develop their skills in a real working context. The placement will consist of 50 hours work related learning and can take place in country. The placement will be supervised by an academic practitioner and the student will also receive on-site supervision through the placement provider. Any placement will comply with the University Code of Practice for Placement Learning.

Entry Requirements

Туре	Description
Alternative qualifications considered	Candidates are required to demonstrate one of the following: - An honours degree at 2:1 or above from a UK university (or equivalent overseas qualification); or - A professional qualification recognised as carrying honours degree equivalence; or - The holder of a Pre-Masters qualification in a related subject area with a minimum of 65% in English For Pre-Masters; or - Have substantial appropriate experience which can demonstrate knowledge and skills at degree standard (subject to the provisions of the Academic Framework Regulations). Candidates already holding a Postgraduate Certificate, Diploma or other M-Level qualifications deemed by the programme leader to be equivalent to respective parts of the MSc programme, may be permitted to enter with exemptions, subject to the University's regulations on Advanced Standing in Postgraduate Awards and with the approval of RP(E)L. The RP(E)L system will be explained to all students. In addition, all potential candidates are required to demonstrate competence in English language to English GCSE standard or equivalent. Non-UK students will be required to demonstrate command of English at IELTS 6.0 level (minimum score of 5.5 in all categories) or equivalent qualification. Applicants holding the above Pre-Masters qualification, or who have studied and successfully passed a UK-based degree within the previous 24 months are exempt from such requirements. Candidates may be required to be interviewed (Skype) after formal application.
Other international requirements	Applicants should possess a good first degree in an appropriate subject (Sport Coaching/Physical Education/Sport Science) plus appropriate experience in coaching.

Extra Entry Requirements