

## Sport Coaching

### Programme Information

2022.01, Approved

#### Overview

Programme Code	36729
Programme Title	Sport Coaching
Awarding Institution	Liverpool John Moores University
Programme Type	Level 3/4/5 Qualification

#### Awards

Award Type	Award Description	Award Learning Outcomes
------------	-------------------	-------------------------

Alternative Exit	Certificate of Higher Education - CHE	<p>Describe and identify the key concepts of sport coaching from an interdisciplinary perspective. Describe and identify the key concepts of sport coaching from an interdisciplinary perspective. Demonstrate knowledge and understanding of theoretical principles used within sport coaching. Demonstrate knowledge and understanding of theoretical principles used within sport coaching. Summarise and apply theoretical and practical principles of sport coaching through work related and contextualised learning environments. Summarise and apply theoretical and practical principles of sport coaching through work related and contextualised learning environments. Identify learning and continuing personal and professional development needs through self-appraisal applying reflective practices to personal, professional, and academic development. Identify learning and continuing personal and professional development needs through self-appraisal applying reflective practices to personal, professional, and academic development. Interpret data associated with sport coaching and apply to a given situational context. Interpret data associated with sport coaching and apply to a given situational context. Demonstrate an ability to recognise and use a range of study skills through academic development to identify the key theories and techniques within research methods in sport coaching contexts. Demonstrate an ability to recognise and use a range of study skills through academic development to identify the key theories and techniques within research methods in sport coaching contexts. Identify the key anatomy, physiology, biomechanics, and psycho-social concepts relevant to sport and exercise contexts. Identify the key anatomy, physiology, biomechanics, and psycho-social concepts relevant to sport and exercise contexts. Communicate basic information, ideas, problems, and solutions in sport coaching. Communicate basic information, ideas, problems, and solutions in sport coaching. Work independently and with others, recognising and respecting the values of equality and diversity. Work independently and with others, recognising and respecting the values of equality and diversity. Identify how to work and act responsibly, safely, and ethically in sport coaching contexts. Identify how to work and act responsibly, safely, and ethically in sport coaching contexts. Identify how factors such as race, ethnicity, religion, gender, sexuality, disability, class, socioeconomic status, and citizenship, and intersections thereof, impact within society, and how these contribute to experiences in sport coaching. Identify how factors such as race, ethnicity, religion, gender, sexuality, disability, class, socioeconomic status, and citizenship, and intersections thereof, impact within society, and how these contribute to experiences in sport coaching. Explore and develop personal and professional skills in the context of fundamental employability skills. Explore and develop personal and professional skills in the context of fundamental employability skills.</p>
Target Award	Foundation Degree Science - FDSC	N/A

Alternate Award Names	
-----------------------	--

Partner Name	Partnership Type
Coleg Cambria	Franchised

## External Benchmarks

Subject Benchmark Statement	
	UG-Events, Hospitality, Leisure, Sport and Tourism (2019)

## Programme Offering(s)

Mode of Study, Mode of Delivery	Intake Month	Teaching Institution	Programme Length Programme Length Unit
Full-Time, Face to Face	September	Coleg Cambria	2 Years

## Aims and Outcomes

Educational Aims of the Programme	The programme aims to develop individuals with a critical understanding of Sport Coaching through theoretical, practical and work related learning experiences and will: Provide learning experiences that facilitate and encourage personal and professional development to enhance student employability. Enhance students capacity to reflect upon their performance to improve their self awareness, progression and development. Encourage a critical appreciation of the interdisciplinary nature of the subject area of sport coaching with particular reference to theories, principles, applications and methodologies. Develop a critical understanding of pedagogical theories and practice that relevant to sport coaching. Develop critical understanding of the coaching process, and an appreciation of the contextual and individual influences upon the process. Develop students ability to understand, evaluate and critically apply scientific principles to the physical and psychological preparation of the participant along the sport pathway. Students will gain a comprehensive perspective on sports coaching opportunities in contemporary society, reflecting key trends and the relevant national benchmarks. To encourage students to engage with the development of employability skills by completing a self-awareness statement.
-----------------------------------	---

## Learning Outcomes

Code	Number	Description
PLO1	1	Explain and evaluate principles, concepts and appropriate theories used within sport coaching.
PLO2	2	Work and act responsible, safely, and ethically within sport coaching contexts.
PLO3	3	Reflect on the role that each individual plays in shaping the landscape of sport coaching and the contribution that we can make to transforming our own and other people's experience(s).
PLO4	4	Reflect upon and develop personal and professional skills and self-awareness in the context of fundamental employability skills.
PLO5	5	Analyse and apply pedagogical theories, approaches, and skills central to sport coaching.
PLO6	6	Develop personal and professional practice with engagement in work-based learning and work-related environments in the context of sport coaching.
PLO7	7	Use a range of established techniques to initiate and undertake critical analysis of information, and to propose solutions to problems arising from a diverse landscape within sport coaching.
PLO8	8	Take responsibility for your own learning and reflect on academic, personal, and professional development and practice.
PLO9	9	Explain the principle concepts and theories and conduct analytical techniques of qualitative and quantitative research approaches and methods as applied to the field of sport coaching.
PLO10	10	Effectively communicate information, arguments, and analysis in a variety of form to specialist and non-specialist audiences and deploy key techniques of the discipline of Sport Coaching effectively.
PLO11	11	Communicate information, ideas, problems, and solutions in sport coaching to different audiences.

PLO12	12	Work independently and with others, as both a team member and a leader, recognising and respecting the values of equality and diversity.
-------	----	--

## Course Structure

Programme Structure Description	<p>The course is studied over two years full time. Modules are semesterised and are 20 credits. Each module credit represents 10 hours of study; therefore a 20 credit module would be equivalent to 200 hours of study. At each level of study 120 credits are required to complete the year. It is primarily a college site-based course supplemented with periods of work related learning, which are core at all levels. Placements will feature in the Employability and Professional Development pathway through the programme. Students have successfully completed the FDSC-Foundation Degree Science are eligible for direct entry into Level 6 of the Bachelor of Science with Honours in Sport Coaching at LJMU.</p>
---------------------------------	---

<b>Structure - 240 credit points</b>	
<b>Level 4 Core - 240 credit points</b>	CORE
[MODULE] 4910SPSCC Learning in PE & Sport Contexts Approved 2022.01 - 20 credit points	
[MODULE] 4911SPSCC Professional Practice in Sport Coaching 1 Approved 2022.01 - 20 credit points	
[MODULE] 4912SPSCC Research Methods and study skills 1 Approved 2022.01 - 20 credit points	
[MODULE] 4913SPSCC Exercise Physiology 1 Approved 2022.01 - 20 credit points	
[MODULE] 4914SPSCC Psychosocial principles of sport and exercise Approved 2022.01 - 20 credit points	
[MODULE] 4915SPSCC Human Movement Approved 2022.01 - 20 credit points	
<b>Level 5 Core - 240 credit points</b>	CORE
[MODULE] 5910SPSCC Learning in PE & Sport Contexts 2 Approved 2022.01 - 20 credit points	
[MODULE] 5911SPSCC Professional Practice in Sport Coaching 2 Approved 2022.01 - 20 credit points	
[MODULE] 5912SPSCC Effective Coaching in Paralympic and Disability Sport Approved 2022.01 - 20 credit points	
[MODULE] 5913SPSCC Strength and Conditioning for Coaches Approved 2022.01 - 20 credit points	
[MODULE] 5914SPSCC Research Methods 2 Approved 2022.01 - 20 credit points	
[MODULE] 5904SPSCC Sport and Society Approved 2022.01 - 20 credit points	

## Teaching, Learning and Assessment

Teaching, Learning and Assessment	<p>Teaching and assessment on the programme is underpinned using a set of educational practices that have been shown to have most impact on student learning. This includes active learning strategies, use of formative feedback, collaborative and peer-to-peer learning, research-based teaching, and use of authentic tasks. Such practices are weaved into the various teaching methods including lectures, workshops, practical activities, seminars, and online activities. Certain aspects are foregrounded at different points throughout the programme. For example, at Level 4 collaborative learning and formative feedback are a focus to help with transition into the programme. Assessment on the programme is through a range of different methods including portfolios, reports/essays, examinations, presentations, reports, case studies, portfolios, podcast, and a dissertation. These have been mapped to ensure that there is progression in terms of both the subject content and the form of assessment. Therefore, feedback on a particular assessment will help students to develop their skills to enhance their work for a similar type of assessment in a subsequent module. Within the assessment methods identified a range of novel and authentic strategies are used by including case studies, live briefs, and empirical data collection. A commitment to Decolonising the curriculum has been addressed to provide a more accurate, more inclusive, and more interculturally responsive curriculum and learning space for students. Equity, diversity and inclusion (EDI) is an increasingly important focus for LJMU School of Sport and Exercise Sciences but also the Coleg Cambria. The institution recognize that to embed EDI into the fabric of the subject and student experience a number of key principles are acknowledged. 1. Inclusive curriculum central to teaching and learning. 2. Co-collaboration of learning. 3. Consideration of inclusive principles. 4. How we teach and 5. How we assess. This process has both provided broader insights into issues around equality, diversity and inclusion within the curricula, both in relation to content and inclusive delivery. Outcomes from this have informed programme development and have led to the creation of a programme-level learning outcome. Furthermore, module content acknowledges EDI to ensure appropriate coverage of key themes including: (1) a diverse curriculum, (2) representation, (3) critical thinking, (4) discussing perspectives, (5) historical context, (6) bias in real world outcomes, (7) active learning, (8) EDI assessment. Ultimately, this has resulted in diversification of our module/programme design, delivery, and assessments.</p>
-----------------------------------	--

## Opportunities for work related learning

Opportunities for work related learning
<p>There is a strong work-related/work-based learning focus of Foundation degrees and this programme reflects this. WRL strand on the programme supports the development of employability skills and understanding of professional conduct within the Sport Coaching landscape. To that end, we ensure that work-related learning opportunities and work-based learning placements are an integral part of the course. There is a work-related learning module at Level 4 Professional Practice in Sport Coaching (4911SPSCC ), where students are exposed to contextualised sport coaching experiences through a range of UK Coaching resources, training and education allowing practical soft skill development. This culminates in a further two applied, work-based learning placements at Level 5 (5911SPSCC ) Professional Practice in Sport Coaching 2). These work-based learning placements not only provide students with the opportunity to gain first-hand experience in a sport coaching setting but also enable students to develop their professional identities, soft skills and networks which informs their employment moving forward. As these modules are mandatory, every effort is made to source opportunities. Self-sourcing is also considered; however, these placements must be quality assured. A DBS may be required for modules where there is a work based learning placement option. Work based learning placements that do not require a DBS check are available.</p>

## Entry Requirements

Type	Description
NVQ	Pass
International Baccalaureate	Acceptable on its own and combined with other qualifications. 88 UCAS points from IB Diploma components.
A levels	96 UCAS tariff points from minimum 6/12 unit awards (one of which should be subject-related).

Alternative qualifications considered	GCSE English Language and Maths Grade C or above or equivalent. A DBS check is not required for your application, however a DBS may be required for modules where there is a work based learning placement option. Work based learning placements that do not require a DBS check are available.
BTECs	Merit, merit merit profile
Other international requirements	For undergraduate course please apply through UCAS, applicants will be considered in line with normal entry requirements. International students must possess a minimum IELTS (or equivalent) score of 6.0.

## Programme Contacts

### Programme Leader

Contact Name
--------------

### Link Tutor

Contact Name
Nicola Robinson