

Overview

Programme Code	45533
Programme Title	Physical Education
Awarding Institution	Liverpool John Moores University
Programme Type	Degree with Foundation
Language of Programme	All LJMU programmes are delivered and assessed in English
Programme Leader	Emma Ball
Link Tutor(s)	

Awards

Award Type	Award Description	Award Learning Outcomes
Target Award	Bachelor of Arts with Honours (Fnd) - BAHF	See Learning Outcomes Below
Alternative Exit	Certificate of Higher Education (Fnd) - CHEF	Describe the basic essential elements of Physical Education Demonstrate knowledge and understanding in practical and theoretical aspects of Physical Education Identify the importance of partnerships and networking in Physical Education. Describe and discuss the relationship between Physical Education and other related disciplines (e.g. physical activity, health and wellbeing, and inclusion). Demonstrate personal performance in relevant academic and graduate skills and the organisation and delivery of practical activities. Demonstrate competence in Information Communication Technology skills and be able to use this within Physical Education. Recognise how they develop as individuals through personal development planning and tutorial guidance and support.
Alternative Exit	Diploma of Higher Education (Fnd) - DHEF	In addition to the outcomes for CertHE: Identify and analyse the structure within which Physical Education takes place and the policies that affect it. Plan and evaluate Physical Education projects using acknowledged and appropriate planning techniques. Analyse and evaluate the role of the different agencies involved in Physical Education and youth sport. Analyse the role that management processes play in the development of Physical Education. Begin to formulate areas of specialism in the fields of Physical Education for example; physical literacy; primary Physical Education. Analyse the wider context of Physical Education and its relationship to the management of people, processes and themselves. Evaluate a range of leadership and personal development strategies. Identify and apply appropriate approaches to problem solving.

Alternate Award Names

External Benchmarks

Subject Benchmark Statement
UG-Events, Hospitality, Leisure, Sport and Tourism (2019), UG-Education Studies (2019)

Programme Offering(s)

Mode of Study, Mode of Delivery	Intake Month	Teaching Institution	Programme Length
Full-Time, Face to Face	September	LJMU Taught	4 Years

Aims and Outcomes

Educational Aims of the Programme

The programme aims to develop individuals with a critical understanding of Physical Education, through theoretical, practical and work based learning experiences and will: Develop students' knowledge, skills and understanding of Physical Education and pedagogy and your ability to apply them in a variety of educational contexts; Build upon students' existing academic skills in order to facilitate your development as a critically reflective, autonomous, lifelong learner; Facilitate students' development of employability and high-level transferable skills and attributes in order to prepare you to be a confident, effective educational practitioner; Facilitate students' creative and critical enquiry in associated areas of study in Physical Education; Enhance students' appreciation of the importance and influence of Physical Education in lifelong participation in physical activity and sport; Encourage students to engage with the development of employability skills.

Learning Outcomes

Code	Description
PLO1	Demonstrate knowledge, understanding and application of teaching and learning concepts through, of and about, a range of physical activities and related theory.
PLO2	Understand how leadership, management and enterprise can be developed in a Physical Education community environment
PLO3	Critically reflect on the development of personal and professional skills in a Physical Education context.
PLO4	Understand how advanced pedagogical concepts can be utilised in school or community settings.
PLO5	A knowledge and understanding of the function and purposes of educational and sporting structures at a local, national and global level.
PLO6	Demonstrate competence in Information & Communication Technology skills and be able to use this within a variety of settings
PLO7	Gather, understand and critically evaluate primary and secondary evidence to support and develop theoretical and conceptual perspectives
PLO8	Evaluate the National Curriculum for PE and sport programmes/initiatives for young people.
PLO9	Evaluate and appropriately apply relevant theories and concepts that enable an understanding of the development of Physical Education in a social and cultural context.
PLO10	Evaluate a range of leadership and personal development strategies based on management of themselves and groups.
PLO11	Demonstrate a rational, imaginative and logical approach towards the skill of thinking through solutions to challenges of understanding the development of PE and youth sport.
PLO12	Appreciate the social, psychological, physiological, historical and philosophical influences of the development on young people through Physical Education.
PLO13	Identify the importance of partnerships and networking in Physical Education
PLO14	Assist in the organisation and delivery of appropriate Physical Education activities and programmes, working with small groups under supervision
PLO15	Identify how policies influence practice in Physical Education.

Code	Description
PLO16	Develop a competence in a chosen specialism (for example: Primary Physical Education or 14 - 19 Physical Education) and support this knowledge in a practical way.
PLO17	Identify and critically appraise the range of employment and career pathways that are available within the area of Physical Education and the community.
PLO18	Develop practical and transferable skills which will facilitate interaction and co-operation with a range of people and provide leadership in a range of practical activities
PLO19	Develop an ability to effectively co-ordinate and manage a variety and range of inputs to a successful Physical Education programme.
PLO20	Demonstrate the use of a range of key skills in a variety of contexts.
PLO21	Evaluate own and others' performance through appraisal and reflection.
PLO22	Work effectively and creatively as a member of a team to achieve agreed objectives.
PLO23	Understand the importance of inclusive Physical Education in establishing lifelong health related activity and personal development.
PLO24	Consider and solve problems effectively and efficiently.
PLO25	Work independently, co-operatively and critically using planning and time management skills.
PLO26	Demonstrate effective communication to audiences in written, graphical, technological and verbal forms.
PLO27	Show an awareness of contemporary community issues related to Physical Education
PLO28	Appreciate the inclusive pedagogical approaches within Physical Education
PLO29	Show an awareness of research skills related to analysis and improvement of the performer in physical activities.
PLO30	Appreciate the work-based environment related to the Physical Education community.
PLO31	Appreciate the multi-disciplinary aspects related to PE through a range of options.
PLO32	Appreciate research methodology in current issues within Physical Education.

Programme Structure

Programme Structure Description

At level 5 students select one option module from a choice of two. Students select one option modules at level 6 (also from two). They may choose the option that progresses from level 5, though they can also choose a different option, thus allowing the freedom of choice. Students will have the opportunity of an additional study year abroad following Level 5. Students will be enrolled on a 600 credit honours with study year abroad programme. Of those 600 credits, 120 will be taken via a Level 5 study year abroad module [5310SSLN: Study Year Abroad - Physical Education]. The modules to be studied in the host institution must be agreed in advance. The Level 5 mean for the final award mark will be calculated based upon the 240 credits at Level 5.

Programme Structure - 480 credit points	
Level 3 - 120 credit points	
Level 3 Core - 120 credit points	CORE
[MODULE] 3001SPS Skills and Practice in Sport Approved 2022.02 - 20 credit points	
[MODULE] 3002SPS Health and Wellbeing Approved 2022.01 - 20 credit points	
[MODULE] 3003SPS Practical Delivery in Sport and Physical Activity Approved 2022.01 - 20 credit points	
[MODULE] 3004SPS Behaviours in Sport and Physical Activity Approved 2022.01 - 20 credit points	
[MODULE] 3005SPS Human Anatomy and Physiology Approved 2022.02 - 20 credit points	
[MODULE] 3006SPS Projects in Sport and Nutrition Approved 2022.01 - 20 credit points	
Level 4 - 120 credit points	
Level 4 Core - 120 credit points	CORE
[MODULE] 4301SSLN Personal and Professional Development 1 Approved 2022.01 - 20 credit points	
[MODULE] 4304SSLN Psychology 1 Approved 2022.01 - 20 credit points	
[MODULE] 4306SSLN Contemporary Issues in Physical Education 1 Approved 2022.01 - 20 credit points	
[MODULE] 4307SSLN Physiology 1 Approved 2022.01 - 20 credit points	
[MODULE] 4308SSLN Applied Pedagogy 1 Approved 2022.01 - 20 credit points	
[MODULE] 4309SSLN Introduction to Skill Acquisition Approved 2022.01 - 20 credit points	
Level 5 - 260 credit points	
Level 5 Core - 100 credit points	CORE
[MODULE] 5301SSLN Personal and Professional Development 2 Approved 2022.01 - 20 credit points	
[MODULE] 5302SSLN Applied Pedagogy 2 Approved 2022.01 - 20 credit points	
[MODULE] 5304SSLN Research Design Approved 2022.01 - 20 credit points	
[MODULE] 5307SSLN Contemporary Issues in Physical Education 2 Approved 2022.01 - 20 credit points	
[MODULE] 5309SSLN Skill Acquisition 2 Approved 2022.01 - 20 credit points	
Level 5 Optional - 20 credit points	OPTIONAL
[MODULE] 5306SSLN Physical Education Teacher Education 1 Approved 2022.02 - 20 credit points	
[MODULE] 5311SSLN Scientific Principles of PE 1 Approved 2022.01 - 20 credit points	
Optional Study Semester - 120 credit points	OPTIONAL
Study Semester - 120 credit points	OPTIONAL
[MODULE] 5310SSLN Study Year Abroad - Physical Education Approved 2022.01 - 120 credit points	

Level 6 - 120 credit points	
Level 6 Core - 100 credit points	CORE
[MODULE] 6301SSLN Make it Happen - Project Plan Approved 2022.01 - 10 credit points	
[MODULE] 6302SSLN Applied Pedagogy 3 Approved 2022.01 - 20 credit points	
[MODULE] 6303SSLN Major Research Project (Dissertation) Approved 2022.01 - 40 credit points	
[MODULE] 6307SSLN Contemporary Issues in Physical Education 3 Approved 2022.01 - 20 credit points	
[MODULE] 6309SSLN Make it Happen - Project Implementation Approved 2022.01 - 10 credit points	
Level 6 Optional - 20 credit points	OPTIONAL
[MODULE] 6306SSLN Physical Education Teacher Education 2 Approved 2022.02 - 20 credit points	
[MODULE] 6312SSLN Scientific Principles of PE 2 Approved 2022.01 - 20 credit points	

Module specifications may be accessed at <https://proformas.ljmu.ac.uk/Default.aspx>

Teaching, Learning and Assessment

The acquisition of the learning outcomes will be gained through a range of teaching and learning approaches that will be used depending on the nature of the subject matter, the student learning experience and the level of study. All students receive initial generic and module specific guidance and specialist induction on the identification and use of multimedia materials in the library and alternative local and non-local sources. Students will be taught in a range of different sized groups depending upon the nature of the activity. A range of methods will be employed to help students to develop knowledge and skills which will be progressively developed through the programme. Group work is encouraged through task based activities and discussions. Physical Education practicals will cover a range of activities and will support the students in developing their own skills, competencies and abilities within each practical activity and teaching. This knowledge will be supplemented by more theoretically focused learning to ensure a rounded and comprehensive understanding of the subjects studied. At levels 4 and 5 the focus is on developing key transferable skills supported by students' Personal Development Planning modules. Effective communication is assessed through all areas of learners work. Students are encouraged to identify their strengths and weaknesses through PDP and set appropriate goals and strategies for achievement. At level six assessment of the attainment of transferable skills is undertaken both explicitly within the assessment criteria of relevant modules (ECIS) and implicitly through the successful completion of the Dissertation. Work Related Learning (WRL) will be used to bring real life experiences into the curriculum and this will allow students a chance to either work with outside agencies in the community or schools or to work with real problems and case studies. Work Based Learning (WBL) forms an integral part of the programme and offers students the chance to engage in a placement of their choice and start to create their own connections and networks. Option choices enable students to start to design their own curriculum and match their employment needs and desires with their university study. Through Peer learning Groups (PLG), Personal Development Planning (PDP), WBL and dissertation, students get a chance to plan own goals and actions and become pro-active in moving themselves towards their future career. Tutorial support is given on all modules through a variety of processes and support is also offered through the personal tutor system. Deadlines across the modules on the programme are monitored carefully to minimise bunching and promote effective time management. Formal assessment of knowledge and understanding is through seen and unseen examinations, assessed coursework (such as essays, reports, and portfolios) and individual and group presentations. Projects are based in the main on individual research. Assessment guidance is provided at modular level. Criteria for assessment accompany individual assignments. Indicative and essential sources accompany course outlines. Oral and written feedback will be given to help students to appraise their own performance and development and personal tutor groups will be used as a peer support mechanism and a place to practice.

Opportunities for work related learning

Here at LJMU we feel it is vitally important to enable students to gain as broad a range of employment related skills as possible. To that end, we ensure that work related learning (sometimes known as work placement) is an integral part of the course. WRL not only provides an opportunity to gain first hand experience, it also provides students with valuable contacts and information regarding possible employment upon graduation. Work related learning is an integral part of the programme at Level 4 & 5 and 6. The student experience comprises of: Level 4: 4301SSLN: Personal and Professional Development (1). Level 5: 5301SSLN: Personal and Professional Development (2). Level 6: The 'Make it Happen' modules (6301SSLN and 6309SSLN) are 'project based' modules that are linked to WRL, though is not necessarily a placement. However, the students will learn valuable employability skills in their chosen organisational type. Within the Research Module 6303SSLN: Research Project, an 8000-9000 word dissertation on issues related to physical education and sport, there will be opportunities for students to collect data from the 'work place' for example: schools and the community. The Faculty Work Related Unit's main focus includes arranging and supporting all of the Faculty's student work placements within business and school and ensuring that the requirements for students are met. The programme team and in particular the WRL co-ordinator for the programme works closely with the Faculty team in terms of placing and supporting students. All administration is successfully managed in the Work Related Learning Unit which provides support for all work related learning activity in the Faculty. The Employability Co-ordinator for the Programme liaises with the Work Related Learning Unit at key time throughout the year.

Entry Requirements

Type	Description
BTECs	BTEC Certificate: Acceptability: Acceptable only when combined with other qualifications BTEC 90-credit Diploma: Acceptability: Yes Grades/subjects required: equivalent to 64 points BTEC Diploma (QCF): Acceptability: Acceptable on its own BTEC Extended Diploma (QCF): Acceptability: Acceptable on its own Grades/subjects required: Equivalent to 64 points from a subject-related BTEC Level 3: Acceptability: Acceptable on its own and combined with other qualifications
Alternative qualifications considered	Candidates are expected to hold a minimum of English Language and Maths GCSE at grade C or above, or equivalent..
Other international requirements	For undergraduate courses please apply through UCAS, applicants will be considered in line with normal entry requirement. International applicants must possess a minimum IELTS (or equivalent) score of 6.0 overall with a minimum of 5.5 in each element.
A levels	UCAS Tariff Points Required: 64 NB: Tariff points may differ for International Baccalaureate qualifications. Requirements: 64 UCAS points from A2 (6 unit) or 12 unit awards from a minimum of 18 units (any combination of VCE units/A level units). Is General Studies acceptable?: Yes Are AS level awards acceptable?: Acceptable only when combined with other qualifications AS Double Award: Acceptable
International Baccalaureate	Acceptability: Acceptable on its own and combined with other qualifications Additional Information: 64 points

Extra Entry Requirements