

PROGRAMME SPECIFICATION

Bachelor of Science with Honours (Fnd) in Physical Education (Science and Football)

Awarding institution	LJMU Yunnan Agricultural University
Teaching institution	LJMU Yunnan Agricultural University
JACS Code	
Programme Duration	Full-Time: 4 Years
Language of Programme	All LJMU programmes are delivered and assessed in English
Subject benchmark statement	Hospitality, Leisure, Sport and Tourism (2019); Education Studies (2019)
Programme accredited by	
Description of accreditation	
Validated target and alternative exit awards	Bachelor of Science with Honours (Fnd) in Physical Education (Science and Football) Diploma of Higher Education in Physical Education (Science and Football) Certificate of Higher Education in Physical Education (Science and Football)
Link Tutor	Angus Ryrie

Educational aims of the programme

To provide an honours level, multi-disciplinary, scientific degree in Physical Education (Science and Football), which integrates theoretical and practical knowledge relevant to employment opportunities.

To develop graduates with intellectual, problem solving, transferable, scientific and practical skills relevant to the discipline of Physical Education and Science and Football.

To provide the students with work related learning opportunities, which enable them to apply their skills in the context of the world of work, with special reference to physical education and football environments.

To encourage students to engage with the development of subject specific and wider employability skills.

To enable students to realise their interest and potential with respect to Physical Education and Science and Football.

To equip students for postgraduate study and/or work in the field of Physical Education.

Alternative Exit/ Interim Award Learning Outcomes - Certificate of Higher Education

A student who is eligible for this award will be able to:

Define and describe the foundation concepts and skills underpinning Physical Education (Science and Football).
Identify the foundation components of science relating to Physical Education (Science and Football)

Alternative Exit/ Interim Award Learning Outcomes - Diploma of Higher Education

A student who is eligible for this award will be able to:

Explain and evaluate the principle concepts and theories within Physical Education (Science and Football).
Analyse and apply the skills central to Physical Education (Science & Football) work. Evaluate and utilise advanced components of science methodology and research in Physical Education (Science & Football).

Target award Learning Outcomes - Bachelor of Science with Honours (Fnd)

A student successfully completing the programme of study will have acquired the following subject knowledge and understanding as well as skills and other attributes.

A student who is eligible for this award will be able to:

1. Have good professional morals and ethics in teaching; and commitment and motivation to teaching of physical education and football.
2. Understand and apply educational theories in sport, in addition, organise and carry out football training and competition in both primary and secondary physical education settings.
3. Successfully execute a wide range of taught physical education and sports skills, in addition to effectively teaching others how to perform these skills, with appropriate pedagogical methods.
4. Understand theoretical and applied underpinnings of various aspects of physical education and football, such as physiology, psychology and nutrition.
5. Undertake scientific research in football and physical education, that can impact the national and development of football and physical education in Yunnan.
6. Monitor, analyse, diagnose and prescribe action to enhance physical education.
7. Plan, design, execute and communicate an independent intellectual project using appropriate media.
8. Write and communicate orally effectively.
9. Understand and critically appraise the study of the context of football through the core disciplines of sport science underpinning human structure and function (physiology, psychology, skill acquisition, sociology, bio-mechanics, performance /match analysis).
10. Critically assess information and data from a variety of sources and discern and establish connections.
11. Effectively use knowledge and understanding of health and safety, ethics, government policy, which underpin best practice in physical education and football contexts.
12. Formulate and test hypotheses
13. Use IT software proficiently.
14. Manage time and work to deadlines.
15. Plan and manage learning.
16. Solve problems.
17. Collaborate and work in a team.
18. Reflect on personal development and professional practice.

Alternative target awards

A student who is eligible for the following awards will be able to:

Diploma of Higher Education in Physical Education (Science and Football) -

Explain and evaluate the principle concepts and theories within Physical Education (Science and Football). Analyse and apply the skills central to Physical Education (Science & Football) work. Evaluate and utilise advanced components of science methodology and research in Physical Education (Science & Football).

Certificate of Higher Education in Physical Education (Science and Football) -

A student who is eligible for this award will be able to:

Define and describe the foundation concepts and skills underpinning Physical Education (Science and Football). Identify the foundation components of science relating to Physical Education (Science and Football)

Teaching, Learning and Assessment

The methods used to enable outcomes to be achieved and demonstrated are as follows:

All programmes are delivered with a mixture of formal contact time, directed study and private study. Students are encouraged to develop their learning skills and to become progressively more independent in their learning. Core knowledge and understanding is acquired through a wide range of teaching methods including lectures, seminars, tutorials, laboratory based practical work, online tasks, group work and guided independent study. Learning and specialist IT facilities are provided by the host university. Assessment methods and marking criteria and deadlines are specified in advance in each module guide. A range of assessment methods are adopted throughout the programme including, examinations, multiple choice exams, individual and group coursework, presentations, laboratory reports, practical skill evaluations and research projects. Intellectual skills are promoted, practised and developed through more active learning processes and a wide range of teaching

methods including assignments of projects, group-learning activities such as lectures, seminars, tutorials, and guided independent study. Practical and project work is designed to permit students to demonstrate achievement of all the learning outcomes in this category. Intellectual skills are assessed and the mode of assessment is specified for each learning outcome. A range of assessment methods are adopted throughout the programme including, examinations, multiple choice exams, individual and group coursework, presentations, reflective assessments, laboratory reports, practical skill evaluations and research projects. Independent project work or research dissertations are used to demonstrate the capability in a range of intellectual skills. Practical skills are developed in a co-ordinated and progressive manner throughout the four levels of the programme. Consequently, students are encouraged to develop their practical skills progressively and are gradually given more practical and independent applied tasks. In the lower levels, attention is focused on the acquisition and application of basic practical skills, while at the higher level more advanced techniques, procedures and instrumentation are utilised. Subject practical skills are assessed and the mode of assessment is specified for each learning outcome. A range of assessment methods are adopted throughout the programme including laboratory and professional reports, presentations and demonstrations of practical skills. Transferable skills are generally developed throughout the activities undertaken in the curriculum and are related to relevant assessments as appropriate. Written communication skills are developed and assessed through essays, reports and dissertations; oral communication skills are developed and assessed through presentations; team-working skills are developed and assessed through collaborative work. Problem solving, reflection, time and learning management are implicit to varying degrees throughout all assessments. Transferable skills are assessed and the mode of assessment specified for each learning outcome. A range of assessment methods are adopted throughout the programme including, examinations, multiple choice exams, individual and group coursework, presentations, reflective assessments, laboratory reports, practical skill evaluations and research projects.

Programme structure - programme rules and modules

Level 6	Potential Awards on completion	Bachelor of Science with Honours (Fnd)
Core	Option	Award Requirements
6501YAUGEN Dissertation-Research Project (40 credits) 6501YAUPE Physiology of Football (20 credits) 6503YAUPE Psychology of Football (20 credits) 6504YAUPE Internship - Theory and Practice (20 credits) 6505YAUPE Internship - Physical Education Placement (20 credits)		120 core credits at level 6 0 option credits at level 6
Level 5	Potential Awards on completion	
Core	Option	Award Requirements
5501YAUGEN Research Methods (20 credits) 5501YAUPE Current Issues in Science and Football (20 credits) 5502YAUPE Pedagogical Theory in Physical Education (20 credits) 5503YAUPE Physical Education Practice 5 (20 credits) 5504YAUPE Sport Options 2 (20 credits) 5505YAUPE Sport Measurement and Evaluation (20 credits)		120 core credits at level 5 0 option credits at level 5
Level 4	Potential Awards on completion	
Core	Option	Award Requirements
4501YAUGEN Fundamentals of Scientific Research (20 credits) 4501YAUPE Physical Education Practice 3 (20 credits) 4502YAUPE Sport Related Theory 2 (20 credits) 4503YAUGEN Nutrition (20 credits) 4503YAUPE Physical Education		120 core credits at level 4 0 option credits at level 4

Practice 4 (20 credits) 4504YAUPE Sport Related Theory 3 (20 credits)		
Level 3	Potential Awards on completion	
Core	Option	Award Requirements
3501YAUPE Anatomy and Physiology (20 credits) 3501YAUPE Physical Education Practice 1 (20 credits) 3502YAUPE Skills and Presentations (20 credits) 3502YAUPE Sport Related Theory 1 (20 credits) 3503YAUPE Physical Education Practice 2 (20 credits) 3504YAUPE Sport Options 1 (20 credits)		120 core credits at level 3 0 option credits at level 3

Information about assessment regulations

All programmes leading to LJMU awards operate within the University's Academic Framework.
<https://www.ljmu.ac.uk/about-us/public-information/academic-quality-and-regulations/academic-framework>

Opportunities for work-related learning (location and nature of activities)

The programme recognises that employment experience is a major differentiating factor in a graduate's curriculum vitae. In this regard, work related learning is an integral component of the programme, which provides an opportunity for all students to conduct learning within a placement setting. Work placements could include sports science athlete support (e.g. fitness, diet, nutritional, psychological, lifestyle), local primary and secondary schools, and local/national sports development organisations. This will be undertaken inline with the criteria set out in the regulations associated with In order to prepare students for work related learning opportunities, the programme incorporates a series of progressive multi-disciplinary applied physical education and science and football modules that focus upon key theoretical content, practical and applied knowledge and skills. These modules also enable a progressive framework for reflection and personal development planning (employability perspective) to be developed. Internship modules are undertaken at Level 6, to meet in country employment criteria in physical education teaching. This is complemented by an integrated careers curriculum.

Criteria for admission

Overseas qualifications

Students will be recruited from the National Entrance Examination (Gao Kao). Minimum requirement for English must be 90 out of 150 for the exam in Gao Kao.

External Quality Benchmarks

All programmes leading to LJMU awards have been designed and approved in accordance with the UK Quality Code for Higher Education, including the Framework for Higher Education Qualifications in the UK (FHEQ) and subject benchmark statements where applicable.

The University is subject to periodic review of its quality and standards by the Quality Assurance Agency (QAA) Published review reports are available on the QAA website at www.qaa.ac.uk

Programmes which are professionally accredited are reviewed by professional, statutory and regulatory bodies (PSRBs) and such programmes must meet the competencies/standards of those PSRBs.

Support for students and their learning

The University aims to provide students with access to appropriate and timely information, support and guidance to ensure that they are able to benefit fully from their time at LJMU. All students are assigned a Personal Tutor to provide academic support and when necessary signpost students to the appropriate University support services.

Students are able to access a range of professional services including:

- Advice on practical aspects of study and how to use these opportunities to support and enhance their personal and academic development. This includes support for placements and careers guidance.
- Student Advice and Wellbeing Services provide students with advice, support and information, particularly in the areas of: student funding and financial matters, disability, advice and support to international students, study support, accommodation, health, wellbeing and counselling.
- Students studying for an LJMU award at a partner organisation will have access to local support services

Methods for evaluating and improving the quality and standards of teaching and learning

Student Feedback and Evaluation

The University uses the results of student feedback from internal and external student surveys (such as module evaluations, the NSS and PTES), module evaluation questionnaires and meetings with student representatives to improve the quality of programmes.

Staff development

The quality of teaching is assured through staff review and staff development in learning, teaching and assessment.

Internal Review

All programmes are reviewed annually and periodically, informed by a range of data and feedback, to ensure quality and standards of programmes and to make improvements to programmes.

External Examining

External examiners are appointed to programmes to assess whether:

- the University is maintaining the threshold academic standards set for awards in accordance with the FHEQ and applicable subject benchmark statements
- the assessment process measures student achievement rigorously and fairly against the intended outcomes of the programme(s) and is conducted in line with University policies and regulations
- the academic standards are comparable with those in other UK higher education institutions of which external examiners have experience
- the achievement of students are comparable with those in other UK higher education institutions of which the external examiners have experience

and to provide informative comment and recommendations on:

- good practice and innovation relating to learning, teaching and assessment observed by external examiners
- opportunities to enhance the quality of the learning opportunities provided to students

Please note:

This specification provides a concise summary of the main features of the programme and the learning outcomes that a typical student might reasonably be expected to achieve and demonstrate if he/she takes full advantage of the learning opportunities that are provided. More detailed information on the learning outcomes, content, teaching, learning and assessment methods of each module can be found in module and programme guides.